

Manuscript Details

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Abstract

Nano to submicron scaled surface possesses excellent biological affinity and several processes have been undertaken to develop titanium implant with specific surface chemical and phase composition and nanoscale features. We use a simple microwave process to modify the nano topographies on a micro-arc-oxidation (MAO) surface which shortens the time for conventional hydrothermal process (HT). Nano-scaled anatase precipitates on the MAO surface with different crystallinities and morphologies were regulated via microwave assisted hydrothermal in pure water (MWDD) or in pH conditioned mediums containing calcium and phosphorus ions (MWCP, MWCP9, MWCP11). The surface morphologies and structures were investigated by SEM, XRD, FTIR, and TEM. Pyramid and rod-like anatase nanocrystals along [0 0 1] direction were observed on the surface of the MWDD and MWCP groups. Increasing the pH of the conditioned mediums lead the precipitates to lose its crystallinity; the surface of MWCP11 is covered with amorphous anatase which has a 3D nano-sheet architecture. The nano-featured surfaces adsorb more proteins (fibronectin and bovine serum albumin), and the osteoblasts like MG63 cells spreading on these surfaces were faster than that on the MAO and HT groups. Higher viability and alkaline phosphate activity were found in cells direct cultured on those MW groups than that on the MAO and HT groups on the 7th day. The microwave assisted hydrothermal processed MAO surfaces, which possess nano scale topography combined with micron/submicron pores are expected to adsorb more proteins and conduct the osteoblasts cells adherent, thus could enhance cell proliferation and cell differentiation to facilitate osseointegration without compromising the bonding strength.

Keywords titanium implant; micro-arc oxidation; nano topography; surface modification; hydrothermal; microwave irradiation

Taxonomy Materials Characterization Techniques, Materials Structure

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Professor Michelle Oyen
Editor-in-Chief
University of Cambridge, Cambridge, England, UK

Mar 26, 2018

Dear Professor Oyen:

I am submitting a manuscript, entitled “**Rapid Nano-Scale Surface Modification on Micro-Arc Oxidation Coated Titanium by Microwave-Assisted Hydrothermal Process**”, for your consideration for publication in the journal "Materials Science & Engineering C: Materials for Biological Applications".

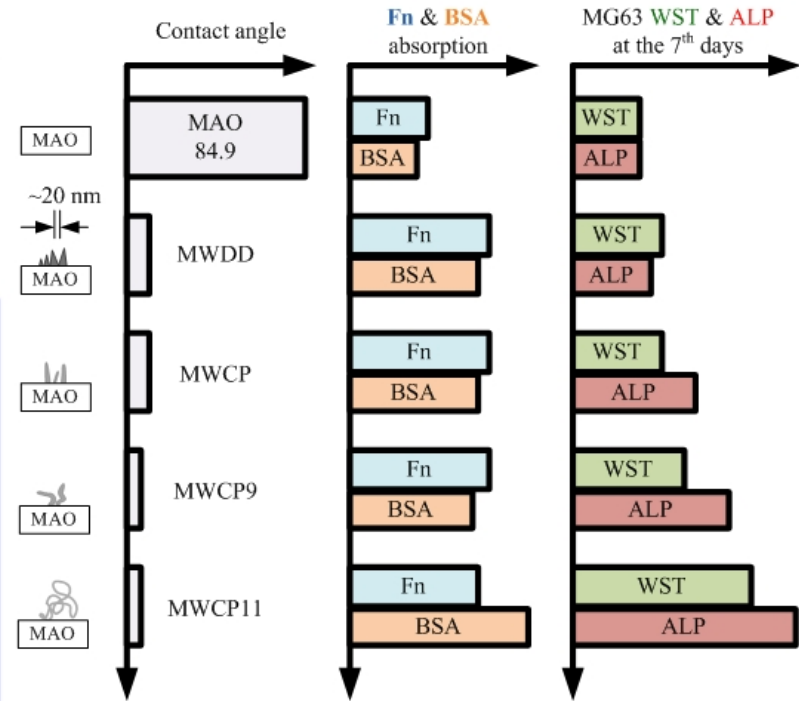
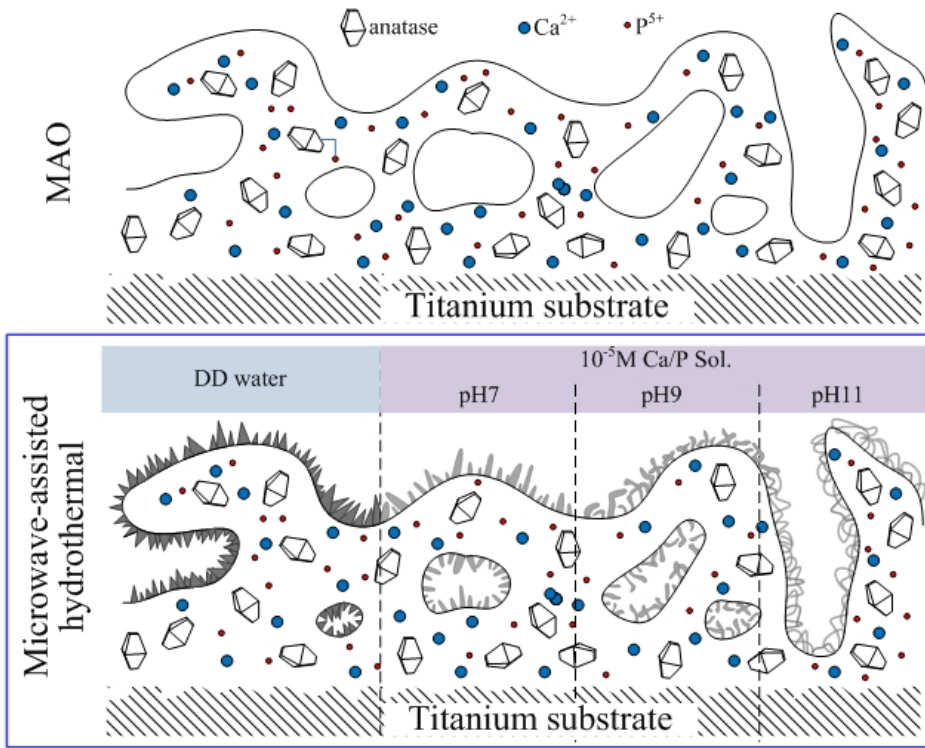
This original research reported in this manuscript is a latest cooperation research contributed by specialists from fields including, Materials sciences (Prof. Wen-Cheng Chen and I), Dentistry (Prof. Dr. Fuh) and Chemistry (Prof. Chen CC). It has been partially funded through the National Science Council, Taiwan, R.O.C. (NSC 101-2320-B-039-004-MY3; MOST 105-2314-B-039-046-MY2). The data used in this manuscript is not under consideration for publication elsewhere. The publication is approved by all authors and that, if accepted, it will not be published elsewhere in the same form, in English or in any other language, without the written consent of the copyright-holder. I appreciate your time and effort on reviewing this work.

(Signature of corresponding author on behalf of all authors)

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Highlights

1. Nano-scale topography on micro-arc-oxidation surfaces produced by rapid process.
2. The surface is super hydrophilicity with enhanced protein adsorption.
3. Promote MG63 cell adherent, enhancing cell proliferation and differentiation.



1 Article

2 Rapid Nano-Scale Surface Modification on Micro-Arc 3 Oxidation Coated Titanium by Microwave-Assisted 4 Hydrothermal Process

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23 **Abstract:** Nano to submicron scaled surface possesses excellent biological affinity and several processes have
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25 nanoscale features. We use a simple microwave process to modify the nano topographies on a micro-arc-
26 oxidation (MAO) surface which shortens the time for conventional hydrothermal process (HT). Nano-scaled
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28 microwave-assisted hydrothermal in pure water (MWDD) or in pH conditioned mediums containing calcium
29 and phosphorus ions (MWCP, MWCP9, MWCP11). The surface morphologies and structures were
30 investigated by SEM, XRD, FTIR, and TEM. Pyramid and rod-like anatase nanocrystals along [0 0 1] direction
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32 mediums lead the precipitates to lose its crystallinity; the surface of MWCP11 is covered with amorphous
33 anatase which has a 3D nano-sheet architecture. The nano-featured surfaces adsorb more proteins (fibronectin
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37 hydrothermal processed MAO surfaces, which possess nano-scale topography combined with
38 micron/submicron pores are expected to adsorb more proteins and conduct the osteoblasts cells adherent, thus
39 could enhance cell proliferation and cell differentiation to facilitate osseointegration without compromising
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41
42 **Keywords:** titanium implant; micro-arc oxidation; nano topography; surface modification; hydrothermal;
43 microwave irradiation
44

45 1. Introduction

46 Surface roughness and surface topography of titanium implant are positively associated with the successful
47 osseointegration and bone healing process [1, 2]. In recent years, the importance of manipulating surface
48 topography in micron, sub-micron, and nano-scale has been addressed intensely [3-6], among other materials
49 factors such as chemical composition, phase structure, and mechanical properties. Hori et al. [7] detail an in

50 vitro study describing controlled modification of titanium surfaces at the micron level with the addition of
51 predetermined nano-surface features and nano-roughness, producing enhanced cellular responses. Their study
52 correlated increased osteoblast differentiation and enhanced osteoblast proliferation as a function of a combined
53 “micron-to-nanoscale hierarchical structure.” The nanoscale topography in combination with micro and sub-
54 micro scale roughness improves osteoblast differentiation and EMC production, which indicates the potential
55 for improved implant osseointegration in vivo [4, 7]. The nano-featured surface of biomaterials is believed to
56 not only regulate cell behavior by adsorb proteins heterogeneously as functional ECM [5, 6] but also can
57 stimulate the cell functions by mechanotransduction signaling pathways [6].

58 Micro-arc-oxidization (MAO) is a high temperature plasma fusion process. By increasing voltage between
59 titanium (anode) and cathode, the titanium surface will generate a thick oxide which will later been breakdown
60 and fuse again by plasma extrusion in a higher voltage (usually above 150V). The coating growth mechanism
61 is influenced by electrolytes [8]. As a result a porous oxide layer comprises of amorphous and anatase/or rutile
62 phases was produced on the surface of titanium, and the inter-connective pores and micro-scale roughness of
63 the MAO layer would increase the extracellular matrix (ECM) adsorption, as well as improve the mechanical
64 interlock between bony tissue and implants. Using electrolytes containing Ca and P performing MAO titanium
65 makes the surface of titanium form a uniform porous titania layer possess Ca and P ions in the less crystalline
66 region through [9], and these ions would diffuse from the anodic oxide to form amorphous Ca- and P-containing
67 precipitate [10] or hydroxyapatite (HA) crystallites during further hydrothermal treatment to increasing their
68 bioactivity [11, 12].

69 Hydrothermal processing is a well-established technique for synthesis of many materials, but the kinetic
70 of crystallization is slow. Moreover, because the mechanism is based on the solid state diffusion and ion
71 exchange of Ca, P ions to the solid-liquid interface during hydrothermal treatments, the size of HA crystallite
72 is not easily to precious control over a uniform morphology of nano-scale [13]. Song et al. using MAO followed
73 by HT in a relative lower temperature to obtained a nanosheet-shaped morphology (135°C), nano-needles
74 (150°C) and nanorods (175°C) on the porous MAO surface [14]. They found the hydrophilicity dramatically
75 increased as the hydrothermal temperature increased. However the osteoblastic cells were fail to adhesion onto
76 the MAO surface with nano-needles and nanorods, and their viability are lower than that culture on the MAO
77 surface without nano scale feature [14]. They concluded as nano-topology formed on micro porous oxide layer
78 was more important than hydrophilicity in its effect upon initial osteoblastic cell functions. However the
79 hydrothermal process is time consumed and they did not provide enough information about the phase structure
80 of these nano-scale layer.

81 Li et al. using a two-step MAO process to produce a surface consisting of microslots (3–10 μm) and
82 submicro/nanopores (80–200 nm) on the macropores (100–300 μm) MAO titanium [15]. They found the
83 hydrophilicity of the MAO has been increased and improve the in-vitro bioactivity because of the
84 macro/micro/nano triple hierarchical structure. It is well known that thick ceramic coatings (around 5–10 μm
85 for MAO) will take a big risk in delamination after implantation in a load bearing site, i.e. dental implant into
86 the mandibular bone or hip/knee replacement. However, the achieved researches barely including mechanical
87 evaluations to their coatings.

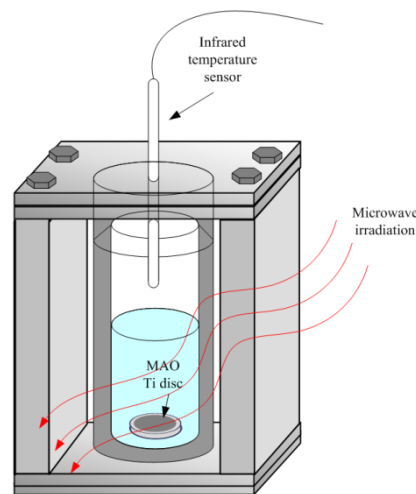
88 In view of this, we introduce a new concept to modify the MAO surface using a commercial microwave
89 reactor, which is used to chemical synthesis, acid digest for element analysis, hydrolysis, and drying.
90 Microwave-assisted synthesis plied reaction to be done faster, simple and efficient method to prepare nano-size
91 inorganic materials. Compared with conventional methods, microwave synthesis has the advantages in its
92 application to rapid growth, products with small particle size and narrow particle size distribution. These
93 characterizations were due to fast homogenous nucleation and microwave-nucleated samples have higher
94 population of nuclei with smaller size than the samples nucleated by conventional heating [16, 17]. Microwaves
95 play an important role in reactions in aqueous media and have been used for preparing various nano-sized
96 particles, such as HA [18, 19]. The aim of this study is to create a nano-scale feature on porous titania layer of
97 the MAO titanium surface by microwave/hydrothermal process in different conditioned medium and pH. The
98 created nano- and micro-scale topographies on the outer layer of MAO were characterized by observing the
99 morphologies and checking the phase structures and their hydrophilicity. The hydrophilicity of the surface may
100 play also crucial to the adsorbing proteins. It has been suggest that plasma fibronectin binds more to hydrophilic
101 surfaces [20], whereas albumin binds more to hydrophobic surfaces [21]. However the later study did not control
102 the roughness in nano-scale nor measure the surface hydrophilicity. *In-vitro* study of protein adsorption can
103 verify the bio-functions of the surface and hence to predict the bio-integration of biomaterials [22]. In this study,
104 the protein adsorption analysis was performed with fibronectin (Fn) and bovine serum albumin (BSA). The cell

105 adherent, proliferation and differentiation of MG63 osteoblasts-like cells cultured on the nano-modified surface
106 will also be evaluated.

107 2. Materials and Methods

108 2.1 Sample preparation

109 The MAO process was detailed in previous paper [23]. Briefly, commercially grade 2 pure titanium discs
110 (12 mm in diameter and 1 mm in thickness) were mechanical/chemical polished and cleaned. The MAO process
111 was performed at a galvanostatic mode by a DC power supply under a constant current density of 10 mA/cm²
112 to achieve a final voltage of 280 V for 3 minutes. The electrolytes composed of 0.2 M calcium acetate and 0.04
113 M β -glycerol phosphate disodium. The MAO titanium discs were microwave irradiated using a MARS 5
114 microwave reaction system with XP-1500 vessels (MARS 5, CEM, Matthews, NC, USA) at 2.45 GHz, 400 W.
115 The maximum temperature was set at 200°C with a heating rate of 10 °C/min and the temperature was held at
116 200°C for 1 minute. The microwave process is illustrated in Figure 1. The MAO samples were immersed in the
117 vessels containing 50 mL of double distilled water under microwave irradiation as describe above (MWDD
118 group). For the MWCP groups, the Ca/ P ions in solution was consisted of 0.05 mM calcium hydroxide and
119 0.03 mM ammonium dihydrogen phosphate (MWCP), and the same Ca/P ions in solution with pH value adjust
120 to pH 9.6 (MWCP9), pH 11 (MWCP11) for 30 minutes were compared. The MAO-hydrothermal treated
121 samples (HT) were prepared by a MAO sample in a custom made hydrothermal device (stainless steel container
122 with a 100 mL Teflon inlayer) containing 50 mL of double distilled water under 250°C for 2.5 hr. The specimens
123 were ultrasonic cleaned with double distilled water twice and vacuum dried before the analysis. The specimens
124 for biological evaluations were UV irradiated for 24 hr before the tests.



125 **Figure 1.** Illustration of microwave process using in this study. Micro-arc-oxidation titanium discs were put in
126 a vessel containing conditioned medium (water or Ca/P solutions with adjusted pH) and irradiated with
127 microwave at 2.45GHz, 400W (MARS 5, CEM) under controlled temperature (using an IR sensor).

128 2.2 Characterization of the coating

129 2.2.1 Surface morphology and composition

130 The surface morphologies of titanium samples were observed by a scanning electron microscopy equipped
131 with an energy dispersive x-ray spectrometer (SEM/EDS, JSM-6300, JEOL Ltd., Tokyo, Japan). The
132 composition of the sample was analyzed by energy dispersive spectra (EDS) from the entire scan area under
133 magnification of 100x. The K α peaks of O, P, Ca, and Ti were selected for analysis the atomic percentages of
134 elements. The Ca and P concentration of crystalline phase on HT samples were detected using point analysis.

135 2.2.2 Phase structure

136 To analysis the crystallized product phases on the sample surfaces, we used a grazing-incidence X-ray
137 diffractometry (In-plane GID, BRUKER D8 Discover, Germany) with Cu-K α radiation ($\lambda = 0.154$ nm) at 40
138 kV and 40 mA. The XRD tests were conducted using a step scan, in which the angle (2θ) was set between 20°
139 and 42° with incidence 1° and scanning velocity 0.02 step/3s. The phases of the compounds based on XRD
140 analysis will be compared to the Joint Committee on Powder Diffraction Standards (JCPDS) files. Using JCPDS
141 no. 21-1272, no. 44-1294, and no. 9-432 for identifying anatase, titanium, and hydroxyapatite, respectively.
142 Fourier transform infrared spectrometer (FTIR) spectra were measured on a spectrophotometer (FTIR 460,
143 Jasco Co., Tokyo, Japan) and transmission spectra of the samples were obtained by powder (obtained from peer
144 of the MAO coating layer by bending 5 disc samples) mix with KBr (1:100 w/w) forming a thin transparent
145 pellet.

146 2.2.3 Transmission Electron Microscopy (TEM)

147 The nano-scale precipitates on the MAO surface were investigated using a field emission transmission
148 electron microscope (FE-TEM, JEM-2100F, JEOL, Japan) equipped with an energy dispersive x-ray
149 spectroscopy (EDS, X-MaxN TSR, OXFORD). The specimens were prepared by powder method, briefly,
150 debris were obtained from delamination by bending the disc samples. The debris of the MAO coating layer
151 were dispersed in ethanol and then collected by a 300 grid copper mesh. Bright field images, selective area
152 diffraction patterns or high resolution lattice images were observed for image and structure analysis. The d
153 space of diffraction planes were measured in a software (Digital Micrograph, Gatan).

154 2.2.4 Bonding strength (stud pull-out test)

155 A aluminum stud (head diameter 2.7 mm, length 12 mm, Quad Group, Spokane, WA, USA) was attached
156 to the coating surface using a stainless steel clip (Quad Group, Spokane, WA, USA) and then glued under 150°C
157 for 1 hour. The tensile bond strength of the MAO coating and titanium substrate was measured using a desktop
158 universal mechanical tester (AG-IC, SHIMADZU co., Kyoto, Kyoutofu, Japan) under a cross head speed of 0.1
159 mm/min. Fifteen samples each groups were prepared for the stud pull-out test, the bonding strength was
160 calculated and expressed using the equation below (1).

$$\text{Bonding strength (MPa)} = \frac{\text{Max. detached force (N)}}{\text{Area of the stud (mm}^2\text{)}} \quad (1)$$

161 Because the HA precipitates on the HT group peered off and the MAO layer was de-lamellar during the cleaning
162 process (as show in Figure S1), we didn't performed the tensile bond strength on HT group.

163 2.2.5 Wettability

164 The hydrophilicity of the MAO surface was determined using a contact angle analyzer (FTA-125, First
165 Ten Angstroms, Portsmouth, VA, USA). After a 10 μL droplet of distilled water (vertically extruded from a
166 31G needle) was suspended on the MAO titanium disc at room temperature, a continue record CCD was
167 triggered and pictured. The contact angle of each water drop on the picture was measured automatically by a
168 non-spherical fitting approach (Figure S2). Each reported contact angle is the mean of at least three independent
169 measurements.

170 2.3 Biological evaluation

171 2.3.1 Protein adsorption

172 For fibronectin (Fn) adsorption test, the samples were immersed in 400 μL with 100 $\mu\text{g/mL}$ Human plasma
173 fibronectin (Gibco #33016-015, Grand Island, NY, USA) and incubated in 24well plate for 6 h at 37°C . For
174 bovine serum albumin (BSA) adsorption test, the samples were respectively immersed in BSA (2 mg/mL,
175 Sigma) 400 $\mu\text{L/well}$ for 2 h at 37°C in 24 well. After soaking for Fn or BSA, the samples were washed 3 times
176 in PBS and detected by BCA protein assay kit (Pierce, Rockford, Ill, USA), and the wavelength was then
177 measured at 570 nm by Versa Max ELISA microplate reader (Molecular Devices, CA, USA).

178 2.3.2 Cell culture

179 Human osteosarcoma cells (MG63 cells) were purchased from Bioresource Collection and Research
180 Center (BCRC, Taiwan). The cells were grown in a minimum essential medium (α -MEM, Gibco, USA)
181 containing nonessential amino acids and supplemented with 10% fetal bovine serum (FBS), 100mg/mL of
182 streptomycin, 100 U/mL of penicillin. Cells were maintained in a humidified atmosphere with 5% CO₂ at 37°C.
183 The culture medium was renewed twice per week. The MG63 cells of the tenth passage were detached using
184 0.25% trypsin in phosphate-buffered saline and resuspended in α -MEM until experimental use.

185 2.3.3 Cell morphology and cell spreading percentage

186 The cells were cultured on the titanium discs at 5×10^4 cells/disc for 4 hr. After that the samples were
187 cleaned with PBS followed by 4% formaldehyde fixation, alcohol dehydration and critical point dried. Finally,
188 the samples were fixed on a holder and coated with platinum. The initial cell adherent was observed by scanning
189 electronic microscopy (JSM-6300, JEOL Ltd., Tokyo, Japan). The percentage of cells revealing spread
190 morphology was quantified by dividing the number of spread cells by the total number of adherent cells. The
191 spread cell is defined as the cell expands the lamellipodia to a double length of its original cell radius. Average
192 percentages and standard deviations were calculated in five areas in $100 \times$ pictures from two independent
193 experiments.

194 2.3.4 Cell viability and alkaline phosphatase (ALP) activity

195 The test methods for observation of cell proliferation and the cell differentiation was described in previous
196 paper [23, 24]. The cells were seeded at a density of 1×10^3 cells per disc (well) onto the titanium discs and
197 incubated in a 24-well plate for 1, 7, and 14 days. Cell viability was evaluated using an enzymatic assay for
198 mitochondria1 dehydrogenase activity, WST-8 [2-(2-methoxy-4-nitrophenyl)-3-(4-nitrophenyl)-5-(2,4-
199 disulfophenyl)-2H-tetrazolium, monosodium salt] assay. WST-8 is reduced by dehydrogenases in cells to yield
200 a yellow product (formazan), which is soluble in the tissue culture medium, and the amount of formazan
201 generated by dehydrogenase activity in cells is directly proportional to the number of living cells. The optical
202 density (OD) value of the dissolved solute was then measured by an ELISA reader (Versa Max, Molecular
203 Devices, CA, USA) at a 450 nm wavelength. Measurements were performed in triplicate. Cell viability was
204 calculated by the mean OD of three individual wells in the same group and expressed as normalized of control
205 (MAO group). The total protein level and intracellular alkaline phosphatase (ALP) activity was examined at 1,
206 7, and 14 days. The attached MG63 cells in the 24-well plates reacted with 400 μ L of cell lysis solution (500
207 μ L TRIS-HCl, 1M stock solution, pH 7.4, 49.45 μ L of distilled water, 50 μ L TX-100 and MgCl₂ powder 2.38
208 mg) at 80°C for over 20 hr. Twenty-five microliter aliquots were transferred to a 96-well plate used to estimate
209 alkaline phosphatase activity and total protein level. Total protein synthesis in the cell lysates was determined
210 using a commercially available kit (BCA protein assay kit, Pierce Chemical Co., Rockford, Illinois, USA). Two
211 hundred microliter of working reagent was added to each well for 30 min to incubate at 37°C. The absorbance
212 was read using an ELISA reader at 562nm and was correlated to a standard protein curve. The amount of enzyme
213 ALP of the lysed cells in the 96-well plate was quantified using a colorimetric assay with 200 μ L of p-
214 nitrophenylphosphate (Sigma) as substrate. After incubation at room temperature for 30 min, 25 μ L of 3 M
215 NaOH was added into the wells to stop color changing; the absorbance was determined at 405 nm. The values
216 of ALP activity were normalized to the total protein obtained by BCA assay, and the values were expressed as
217 nmol/ μ g protein. Triplicate samples from each group were analyzed.

218 2.4 Statistic evaluation

219 We analyzed data by overall one-way ANOVA followed by Tukey's test for individual between-group
220 comparisons using a software (Origin 8.0, Microcal Software Inc., Northampton, MA, USA). The significant
221 differences were set to $p < 0.05$ if not specified.

222 3. Results

223 3.1. Characterizations of the surface coating

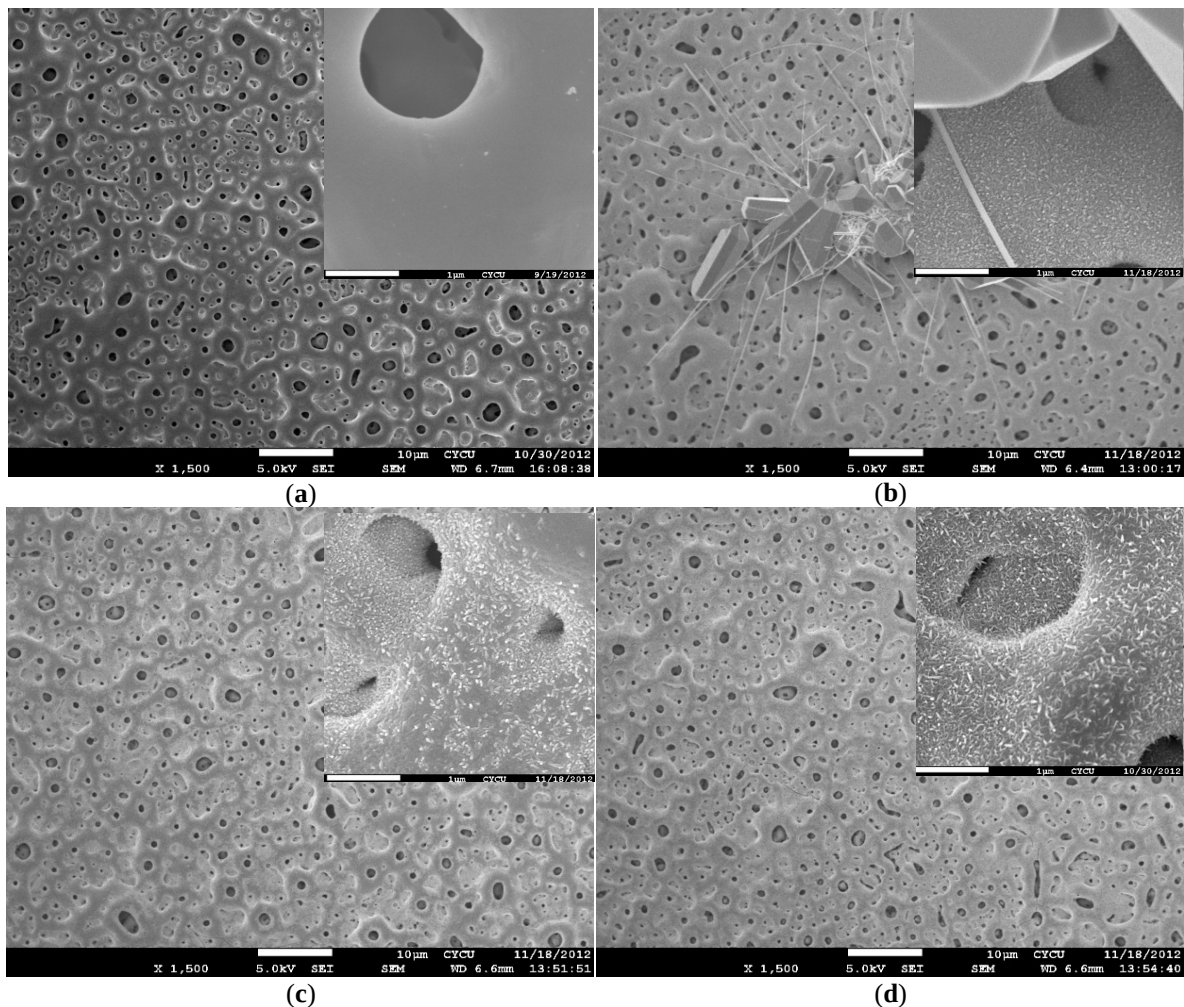
224 3.1.1. Morphology and Chemical composition

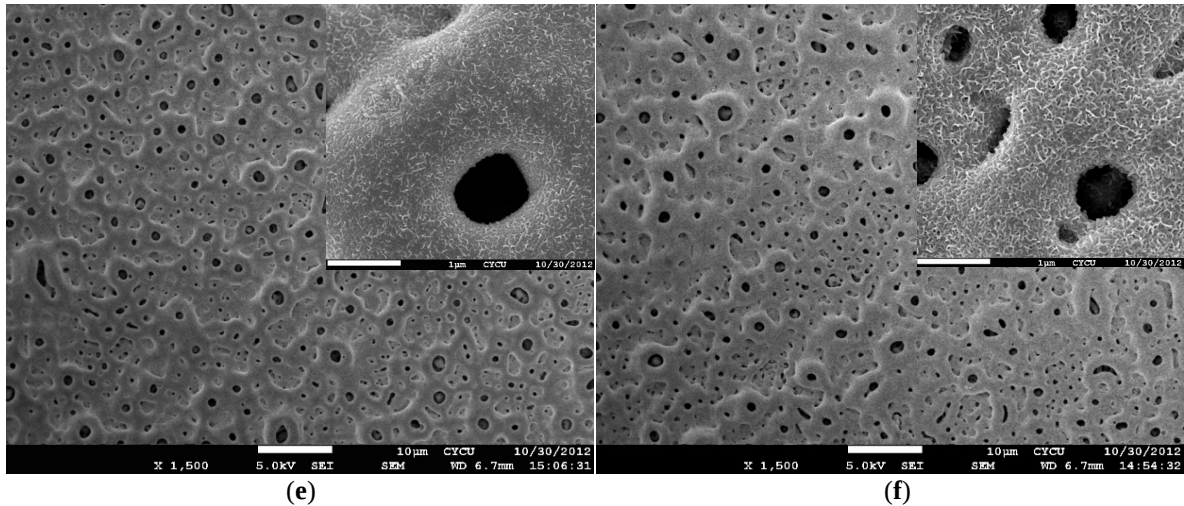
225 The microwave irradiation process significantly changes the surface morphology of MAO titanium
 226 surface. As shown in Figure 2, the pH and ions in the conditional mediums affect the shapes of the nano-scaled
 227 precipitates. The microwave irradiated MAO surfaces (Figure 2a ~ 2f) show a homogeneous porous surfaces,
 228 and the size and features of interconnected pores are not altered when compare to MAO control. The enlarged
 229 MAO surface (top right of Figure 2a) revealed a really flat feature under nano-scale. On other hand, whiskers
 230 and hexagonal columns (around 10 μm length, 5 μm diameter) crystalline precipitates (14.4 at% Ca, 10.3 at%
 231 P) are scattered on the HT conditioned MAO surface (Figure 2b). The MAO substrate of HT is fill with nano-
 232 scale surface precipitates (0.3 at% Ca, 1.1 at% P). The EDS area analysis (Table 1) shows the HT group has a
 233 lower overall Ca and P concentrations compare to microwave irradiated MAO and controlled MAO surfaces.
 234 The microwave irradiated MAO surfaces possess similar Ca and P concentration to the controlled MAO surface
 235 (5.8 at% Ca, 5.4 at% P), except that the MWCP11 show a slightly lower P concentration (3.9 at%). The enlarged
 236 pictures show numerous precipitates formed as pyramid spikes or nano-rod on the MWDD (Figure 2c) and
 237 MDCP (Figure 2d) surfaces. When increase the pH value of the condition medium (MWCP9 and MWCP11),
 238 the surface precipitates become to change their crystalline shape to cotton-like (Figure 2e and Figure 2f).

239 **Table 1.** The chemical concentration (in atomic percentage, at %) of samples by EDS analysis.

| Elements, at% | MAO | HT | MWDD | MWCP | MWCP9 | MWCP11 |
|---------------|------|------------------|------|------|-------|--------|
| O | 70.0 | 71.8 | 71.0 | 70.9 | 70.4 | 72.5 |
| P | 5.4 | 2.8 ¹ | 4.8 | 4.7 | 4.9 | 3.9 |
| Ca | 5.9 | 2.7 ¹ | 5.1 | 5.3 | 4.9 | 5.2 |
| Ti | 18.7 | 22.8 | 19.0 | 19.0 | 19.8 | 18.4 |

240 ¹ The Ca and P concentration of substrate (0.3 at% Ca and 1.1 at% P) and crystalline phase (14.4 at% Ca and 10.3 at% P)
 241 on HT were detected using point analysis.

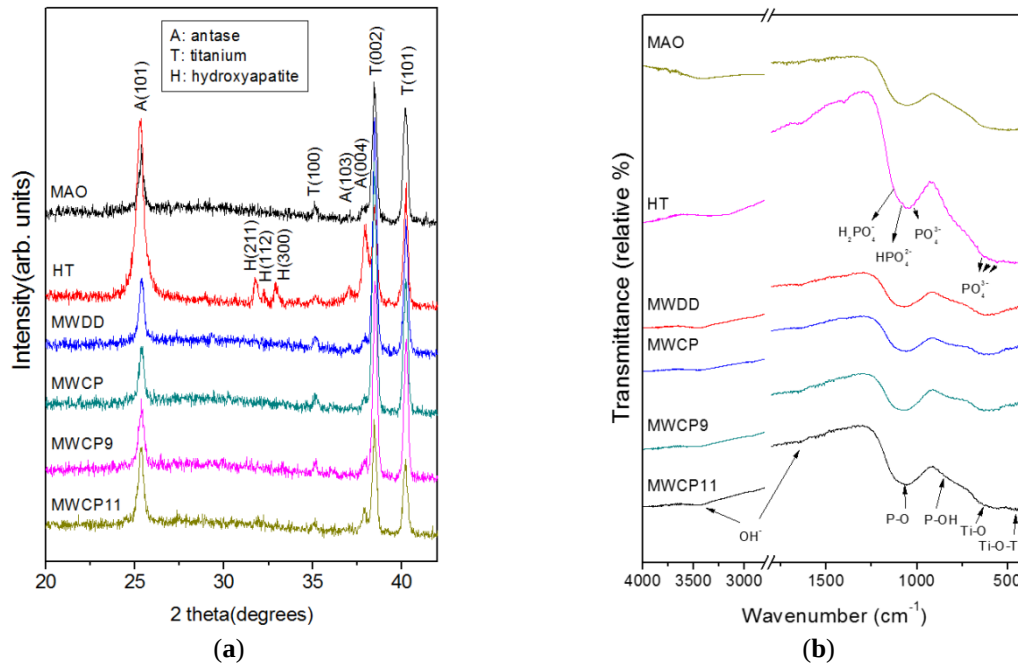




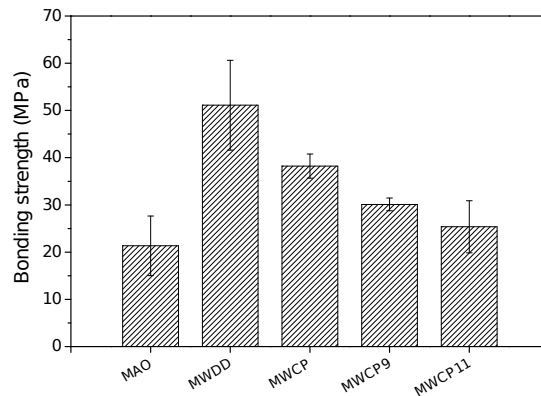
242 **Figure 2.** The SEM surface morphologies of (a) MAO, (b) HT, (c) MWDD, (d) MWCP, (e) MWCP9, and (f)
 243 MWCP11. (1000x, left columns; 5000x, right columns)

244 3.1.2. Phase structures and bonding strength

245 The phase structures obtained by grazing angle XRD of the surface layer of MWDD, MWCP, MWCP9,
 246 MWCP11, and HT, are compared to the controlled MAO samples as shown in Figure 3a. The patterns
 247 demonstrate that the titanium oxides produced on the MAO surface at voltage of 280V are mainly possess
 248 anatase phase (reflection planes of (1 0 1) and (0 0 4) at 25.3° and 37.9°), which confirms to previous papers
 249 [9, 23, 25]. The reflection peaks at 31.7°, 32.2°, and 32.9° were assigned to the (2 1 1), (1 1 2) and (3 0 0) plane
 250 reflections of the hydroxyapatite (JCPDS#09-0432), which are only found in the traditional HT condition.
 251 Moreover the significant increasing intensity of anatase (1 0 1) reflection plane on HT indicated that the
 252 crystallinity of anatase on the MAO layer was increased after traditional hydrothermal process. The FTIR
 253 spectra of the coating layers are shown in Figure 3b. Two broaden IR resorption peaks around were recorded
 254 near 600 cm⁻¹ and 1050 cm⁻¹. The strongest peak around 600 cm⁻¹ was assigned to Ti-O (610 cm⁻¹) or Ti-O-Ti
 255 (475 cm⁻¹) bonds in anatase [26, 27]. While the broadened peak around 1050 cm⁻¹ belong to the combination of
 256 P-O (PO₄³⁻, 1006 cm⁻¹; HPO₄²⁻, 1077/989 cm⁻¹; H₂PO₄⁻, 1155/1075 cm⁻¹) and P-OH (HPO₄²⁻, 847 cm⁻¹; H₂PO₄⁻,
 257 874 cm⁻¹) in the MAO layer [28] or P-O (PO₄³⁻, 1011/632/602/565 cm⁻¹) in the HA crystals [29]. The mean
 258 bonding strength measured for the MWDD (51.1 ± 9.5 MPa), MWCP 38.2 ± 2.5 MPa), MWCP9 (30.1 ± 1.3
 259 MPa), and MWCP11 (25.4 ± 5.5 MPa) samples were well above the minimum requirement of 22 MPa, which
 260 recommended by the regulator recognized standard ASTM F-1147 “Tension testing of calcium phosphate and
 261 metallic coatings”. However the MAO oxide layer becomes weakened by the traditional HT process, the coating
 262 peel off after the samples been sonicated in water for 30 minutes for clearing purpose (Supplement Figure S1).



263 **Figure 3.** (a) X-ray diffraction patterns and (b) FTIR spectra show the surface phase structures of
 264 microwave/hydrothermal treated MAO samples (MWDD, MWCP, MWCP9, MWCP11), hydrothermal treated
 265 MAO (HT), compare to the controlled MAO samples.

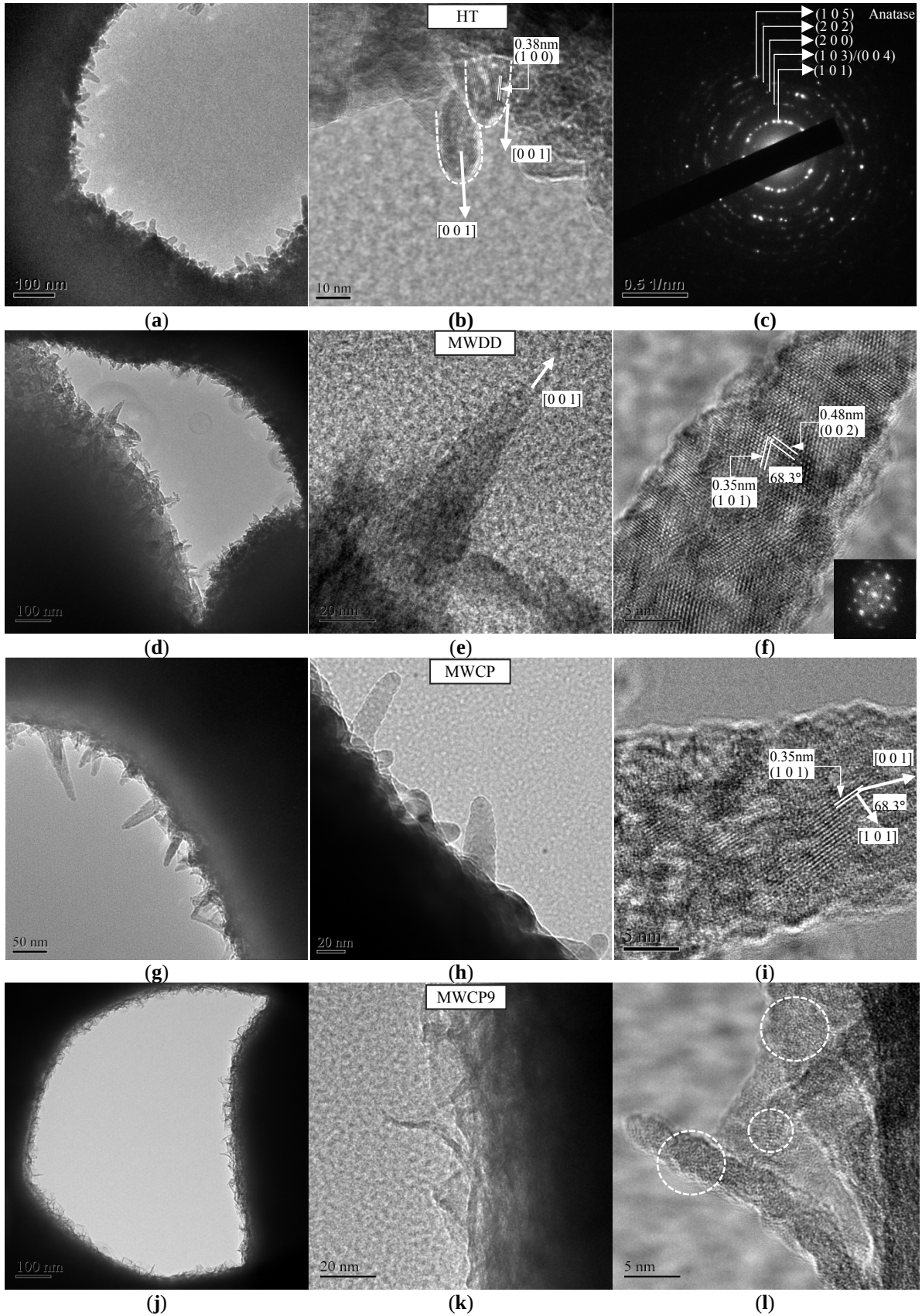


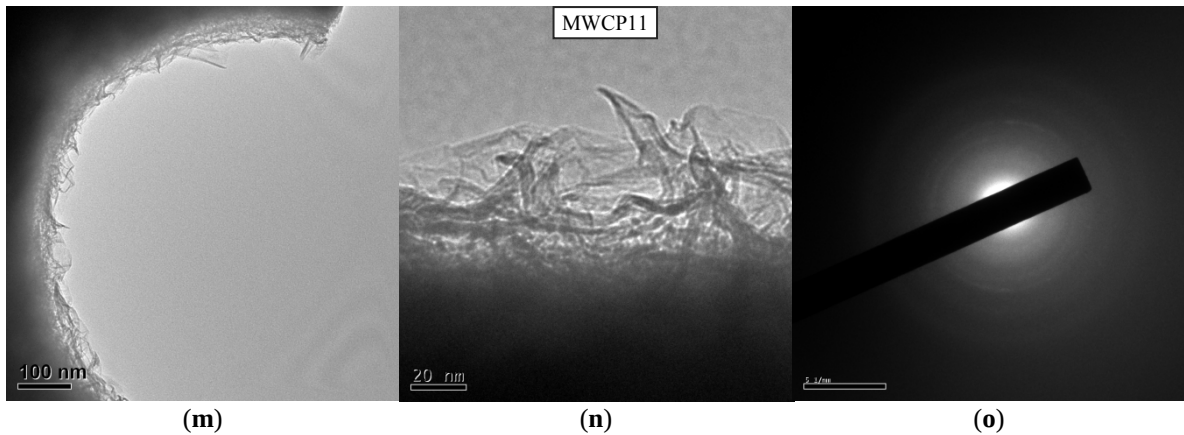
266 **Figure 4.** Bonding strength of the MAO coatings measured by a stud pull-out test. (n=15)

267 3.1.3. Transmission electron microscopy (TEM)

268 The morphology and structure of nano-scale precipitates investigated by TEM were shown in Figure 5.
 269 Nano-rod shape anatase precipitates were found in HT and MWCP groups (Figure 5a, 5b and Figure 5g, 5h).
 270 The nano-rod is 10-20 nm in diameter and 20-100 nm in length. The size of precipitates on MWDD surface is
 271 similar to MWCP but the shape is pyramid-like (Figure 5d, 5e). Similar SAED patterns were observed on
 272 precipitates of HT, MWDD, and MWCP groups, the scattering ring pattern (Figure 5c) demonstrated that nano-
 273 crystals are TiO₂ anatase structure. By high resolution lattice images, apparently the nano-rod or nano-pyramid
 274 anatase were all precipitated along the {0 0 1} direction. The surface of nano-rod anatase crystals on HT group
 275 parallel to {1 0 0} face (Figure 5b), while the nano-pyramid anatase crystals on MWDD and MWCP reveal
 276 zigzag surfaces predominated with anatase {1 0 1} faces (Figure 5f, 5i). An angle of 68.3° was found between
 277 {0 0 1} and {1 0 1} facets of anatase as shown in Figure 5f and 5i. The small picture at the corner of Figure 5f
 278 is a FFC reconstructed diffraction pattern of the lattice image, the pattern fits to the diffraction pattern of anatase
 279 (1 0 0) zone axis, which again confirmed the anatase crystalline structure. The MAO surfaces on MWCP9 and
 280 MWCP11 are randomly overlapped of nano-sheet precipitates (Figure 5k, 5n), as shown in the high resolution
 281 lattice image these nano-sheets contained dominant amorphous phase and some short range order area as
 282 marked by dash circles (Figure 5l). The SAED pattern of these nano-sheets shown heavily diffuse rings also

283 confirmed the loss of crystallinity as shown in Figure 5o. The EDS analysis demonstrated precipitates on the
 284 HT group has a relative lower Ca, P concentration (Ca: 2.2 at%, P: 4.9 at%) compare to that of MWDD (10.5
 285 at%, 9.6 at%), MWCP (15.4 at%, 7.1 at%), MWCP9 (12.8 at%, 5.3 at%), and MWCP11(17.8 at%, 6.2 at%).
 286 And the Ca concentration of the precipitates is increased with increased pH values of the conditioned solutions
 287 in microwave process.

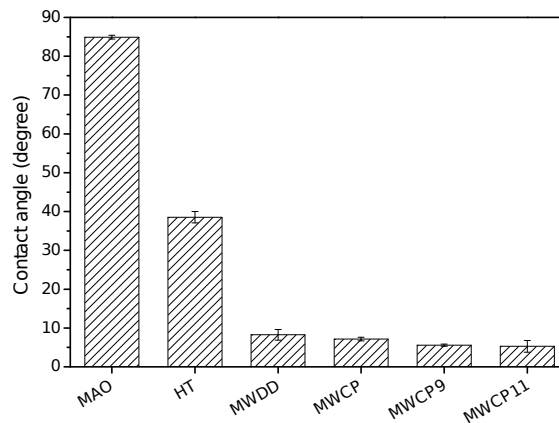




288 **Figure 5.** TEM investigation (BF, SAED, high resolution image) of nano precipitates on the MAO titanium
 289 surface after hydrothermal and microwave irradiation process. (a)~(c) HT, (d)~(f) MWDD, (g)~(i) MWCP,
 290 (j)~(l) MWCP9, (m)~(o) MWCP11.

291 3.1.4. Hydrophilicity (wettability)

292 As shown in Figure 6, superior hydrophilicity are obtained in the MW groups in which the contact angles
 293 are equal to or below 10° and are much lower than that of MAO ($84.9 \pm 0.5^\circ$). The contact angle of HT (38.5
 294 $\pm 1.5^\circ$) is much lower than that of MAO, but is still higher than that of MW groups. Obviously the microwave-
 295 irradiated modification to the MAO titanium improving the wettability of MAO titanium. The contact angle of
 296 MWDD ($8.3 \pm 1.4^\circ$) and MWCP ($7.2 \pm 0.5^\circ$) were significantly lower than MAO, but higher than that of MAO.
 297 The contact angle of MWCP9 ($5.6 \pm 0.3^\circ$) is similar to that of MWCP11 ($5.3 \pm 1.5^\circ$).

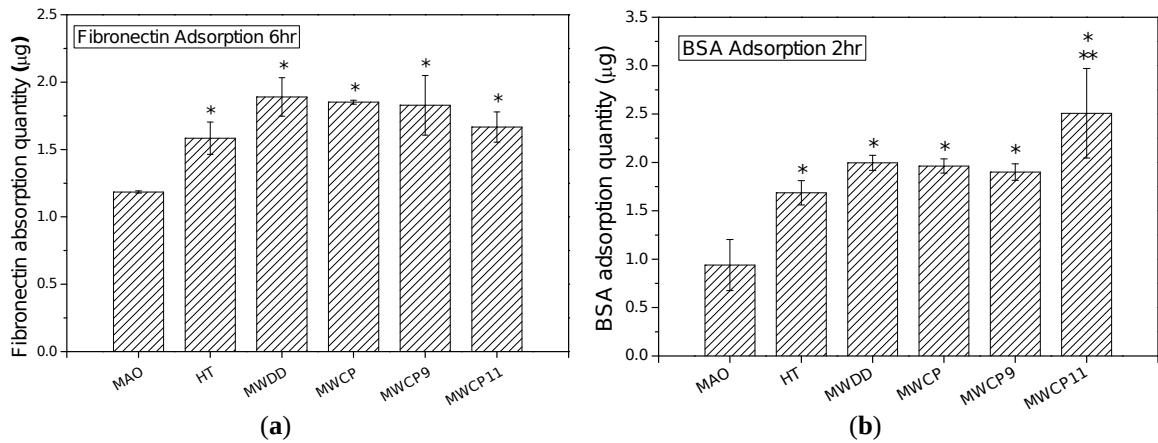


298 **Figure 6.** Hydrophilicity (wettability) of MAO, HT, MWDD, MWCP, MWCP9, and MWCP11 titanium discs
 299 were measured by water contact angle. The MWDD, MWCP, MWCP9, and MWCP11 groups show a super-
 300 hydrophilicity feature (contact angle below 10°).

301 3.2. In-vitro biological evaluations

302 3.2.1. Protein adsorption

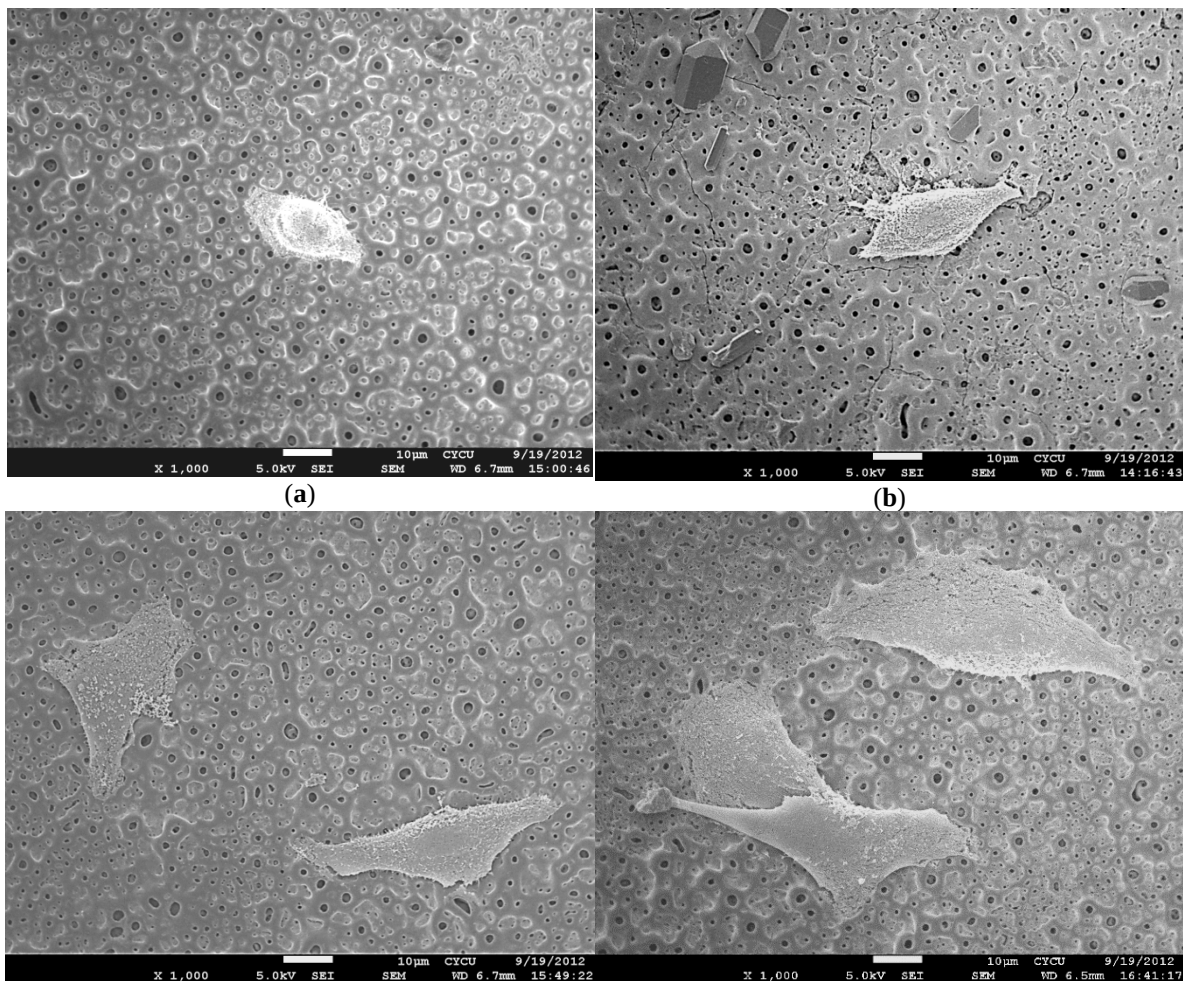
303 Figure 7 shows quantitative analysis of fibronectin (Fn) and bovine serum albumin (BSA) adsorptions of
 304 MW processed MAO titanium compared to MAO and HT groups. The amounts of fibronectin adsorbed on the
 305 HT, MWDD, MWCP, MWCP9, and MWCP11 were significantly higher than that of MAO group after
 306 incubated for 6 hr (* in Figure 7a, $p < 0.01$). The adsorption of BSA among groups also present significant
 307 different, where the amounts of BSA adsorbed on the HT, MWDD, MWCP, MWCP9, and MWCP11 were
 308 significantly higher than that of MAO group (* in Figure 7b, $p < 0.01$), and the MWCP11 was found
 309 significantly higher than that of HT group (** in Figure 7b, $p < 0.05$).

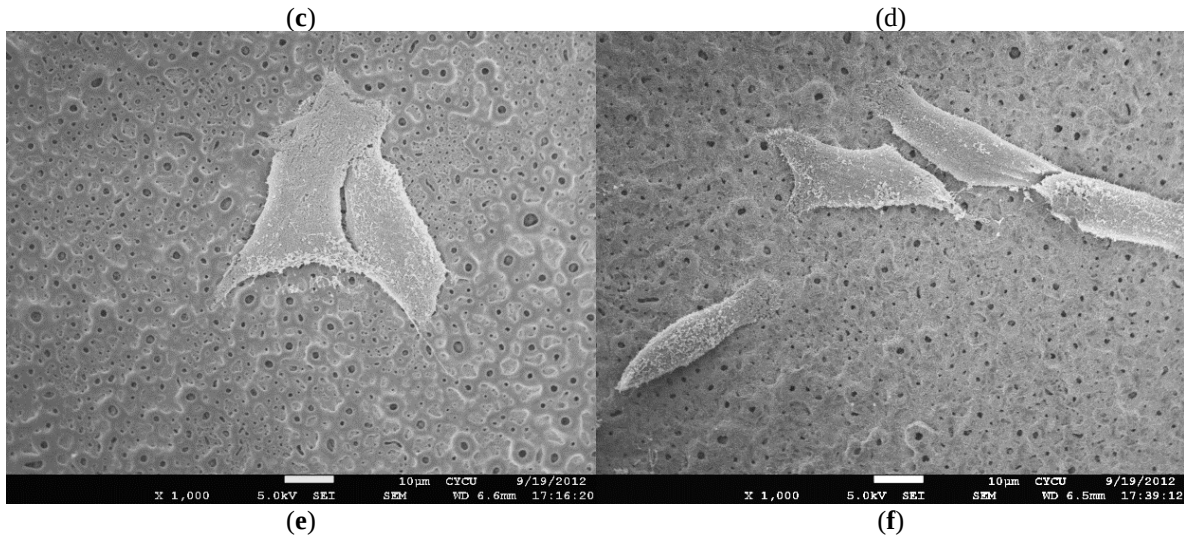


310 **Figure 7.** Quantitative analysis of proteins adsorption on the samples. **(a)** Fibronectin and **(b)** bovine serum
 311 albumin (BSA) adsorption on surfaces of MAO, HT, MWDD, MWCP, MWCP9, and MWCP11. Samples were
 312 immersed in fibronectin and bovine serum albumin for 6 hr and 2 hr respectively.

313 3.2.2. Cells initial attachment and spreading

314 The cells revealed more flattened than that on the HT and MAO surface after culture for 4 hr (Figure 8). The
 315 enlarged pictures (right column in Figure 8) shows the extension of lamellipodia and the spreading of filopodia
 316 of MG63 cells was prone to the MW groups, on the contrary, the cells were maintain hemispherical on the
 317 MAO surface (Figure 8a, 8d) or enclasp firmly to the HA crystals on the HT surface (Figure 8c, 8d). The MAO
 318 surface without nano-feature also present less affinity to the initial cell adherent. The spreading rate of the cells
 319 were quantified in Table S1. The MW groups present higher spreading percentage than that of HT and MAO
 320 groups. And the total cell numbers (counting by five SEM 100x pictures) of HT is lower than other groups.

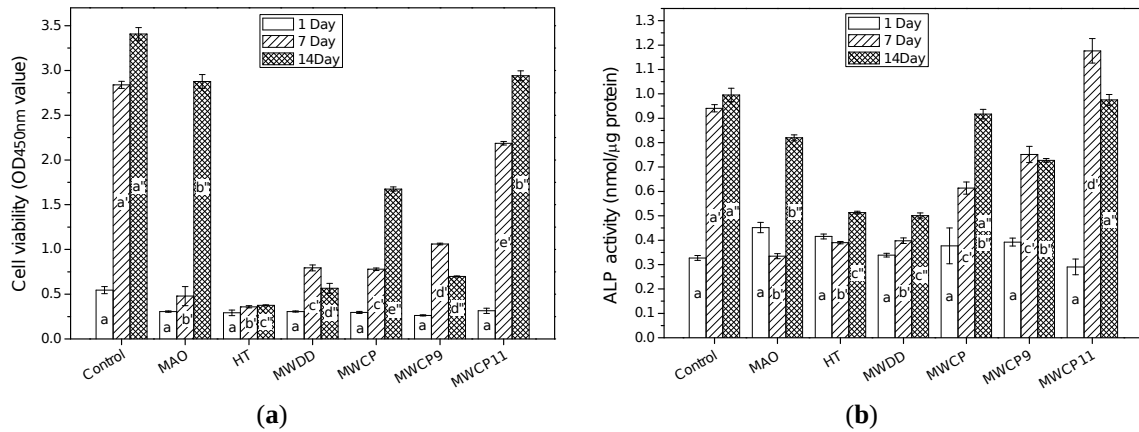




321 **Figure 8.** The SEM morphologies of MG63 cells attachment (4 hr) on (a) MAO, (b) HT, (c) MWDD, (d)
 322 MWCP, (e) MWCP9, and (f) MWCP11.

323 3.2.3. Cell proliferation (WST assay) and differentiation activity (ALP assay)

324 The results of cell viability and differentiation ability of MG63 cultured on different conditioned titanium
 325 discs were shown in Figure 9. The proliferation was assessed using WST-8 assay (Figure 9a). The cell viability
 326 at the 1st day were similar in the MW groups, HT group, and MAO groups. At the 7th day, the MW groups
 327 (MWDD, MWCP, MWCP9, MWCP11) present higher cell viability than HT group and MAO group ($p < 0.05$).
 328 At the 14th day, the cell viability of MWCP11 were the similar to the MAO group, and significant higher than
 329 that of MWDD, MWCP9, and HT groups ($p < 0.05$).



330 **Figure 9.** (a) The cell viability (WST assay) and (b) alkaline phosphate activity (ALP assay) of MAO, HT,
 331 MWDD, MWCP, MWCP9, and MWCP11 with compared to the blank control (polystyrene, 24 well, well
 332 diameter 15.6 mm). The same letters marked in the columns present the same static level at the same time period.

333 The results of the alkaline phosphatase activity assay were present in Figure 9b. The data shows ALP
 334 activities of all groups at the 1st day are in the same level. At the 7th day, the MWCP, MWCP9, and MWCP11
 335 groups present higher ALP activity than MAO, HT, and MWDD groups ($p < 0.05$). The MWCP11 group
 336 possesses highest ALP activity at the 7th and 14th day. The ALP activity of MWCP and MWCP9 were similar
 337 to the MAO groups at the 14th day.

338 **4. Discussion**

339 The MAO process is a commonly used technique to alter titanium dental implant surface topography
 340 having sub-micro to micro-scale roughness and interconnected pores [23] which are beneficial to the initial
 341 stability and osseointegration of the dental implant. Nowadays implant surface with nano-scale topographies

342 have been proven play implant roles in the differentiation and destiny of adhered stem cells. However, very few
343 study presents successful nano-scale modification to MAO surface. In this study, we demonstrated that the
344 topography of MAO layer can be manipulated forming nano-pyramid, nano-rod shape anatase crystals, or 3D
345 nano-sheet architecture amorphous anatase on the MAO surface by a very rapid and simple microwave process.
346 It is expected that the microwave-irradiated MAO samples have higher population of nuclei with smaller size
347 than the samples nucleated by conventional hydrothermal (HT). Although the HA crystals precipitate on the
348 hydrothermal treated MAO had been studied previous [11, 13, 30-32], the formation of nano crystalline anatase
349 has not been investigated. In the present study, two types of crystals are identified in HT group (250°C for 3 h);
350 hexagonal HA crystals in micrometer scale (Figure 2b) and nano-rod anatase crystals (Figure 5b) which have
351 10 nm to 20 nm in diameter and 20 nm to 100 nm in length. The diameter of anatase nano-crystals in MWDD
352 and MWCP groups are a little larger than that in HT group. However, the crystallinity of anatase on the MAO
353 surface was increased by HT process (Figure 3a), which has not been mentioned in previous papers [9, 11, 13].
354 In addition, the Ca and P concentration on the anatase precipitates in HT (not the large HA crystal) are obviously
355 lower than in the MW groups (Table 1). This difference may because that traditional HT process takes more
356 time at hydrothermal condition, thus Ca and P ions in the amorphous region of MAO layer [9] have enough
357 time to diffuse to the medium, as a result rapid growth of high crystallinity HA associate with high crystallinity
358 nano-crystal anatase (containing less Ca, P ions) precipitated on the MAO surface. On the contrary, the high
359 resolution lattice images of MWDD and MWCP demonstrated that sub-grains and amorphous zones were
360 scattered throughout the anatase crystals (Figure 5f and 5i), in which were distinguish from that in HT groups.
361 On the other hand, the growth direction of anatase in MWDD and MWCP were happened to be the same as in
362 HT group (Figure 5b), which means the anatase crystals precipitated with a prefer orientation under
363 hydrothermal condition and microwave irradiation. It has been reported that under hydrothermal condition rapid
364 growth occurs along [0 0 1] for pure TiO₂ anatase, driven in part by the relatively high surface energy of (0 0
365 1) and in part by a kinetic effect involving a cyclic generation of highly reactive adsorption sites [33].

366 In this study, the anatase in MWDD and MWCP groups present zigzag {1 0 1} pyramidal faces should be
367 a result of that the microwave irradiation only process in a very short time (1 minute), thus the atoms do not
368 have enough time to diffuse forming a flatten pyramidal faces [34]. The morphology of nano TiO₂ anatase is
369 also controlled by the surface chemistry (hydrogen ions), thus the shape of nano anatase can be predict by
370 altered the pH value [29]. The pyramid shape is a typical morphology of anatase crystal which was formed in
371 neutral and acid environment. And it is suspected that the higher pH value of the conditioned solution tend to
372 alter the charges on the surface thus hinder the crystallization of anatase [29]. As shown in the SAED pattern
373 (HT, Figure 5c), the scattering spots on rings were well fit to the reflection planes of poly-crystalline anatase
374 nano-precipitates, the same pattern were also found on the MWDD and MWCP. On the other hand, the
375 MWCP11 surface showed a diffused ring pattern (Figure 5o), which indicates that the precipitates on the MAO
376 is amorphous. Although the morphologies are different on the surfaces of microwave irradiated MAO, the main
377 XRD reflection peaks (containing titanium and anatase crystal structure) on the surfaces of MWDD, MWCP,
378 MWCP9, and MWCP11 were not significant changed from the MAO diffraction patterns (Figure 3a).
379 Moreover, the chemical compositions of the MW samples were similar by EDS/SEM. Since the XRD and
380 EDS/SEM detected the surface layer by tens to hundreds micrometer, the results confirm that the MW
381 modification is only by nano-scale on the MAO layer and the MAO substrates under the modified layer were
382 not change too much. The broaden IR peak around 600 cm⁻¹ seems more prone to divided into two peaks (Ti-
383 O and Ti-O-Ti) after the MAO discs been microwave irradiated, implies the crystallinity of the substrates might
384 also be slightly increased after the microwave-assisted hydrothermal process (Figure 3b). The microwave
385 derived nano-scale precipitates are not just formed on the surface, instead they were also found inside the inner
386 pores of the MAO titania layer (Figure 2). That can be a merit to reduce the wear when the implant were forced
387 in (or screwed in) the bone tissues. In addition, the nano-scale precipitates could adsorb more extracellular
388 matrix (ECM) by the increased surface area and would provide sustained bioactivity in physical environment.

389 Although the increasing crystallinity of anatase on the surface of HT group was confirmed by XRD and
390 FTIR, the bonding strength HT processed sample was fail to be measured while the coating peer off after the
391 samples been sonicated in water for 30 minutes for clearing purpose (Figure S1). On the contrary, the
392 temperature rise homogeneously under the microwave-assisted hydrothermal process and water in a very short
393 time, thus the damage to the oxides/metal interface could be limited. A shown in Figure 4, the bonding strength
394 of MWDD and MWCP even increased when compared to the original MAO coating. The increment of strength
395 may because of that the increased surface energy are expected to improve the wettability of the bonding

396 adherent. But the bonding strength of MWCP11 is similar to that of MAO, which implies that the amorphous
397 precipitate may be intrinsically weak and did not improve the adhesion.

398 The hydrophilicity (wettability) of implants largely inference the biological response and play an important
399 role in the osteointegration [35]. Wettability is modulated by chemistry and topography of the extremely
400 surface, and the result in changing the surface energy. As shown in Figure 6, the contact angle of MW groups
401 all possess superior hydrophilicity (below 10°), indicate that the microwave-irradiated modification to the MAO
402 titanium improving the wettability of MAO titanium (an original contact angle of $84.9 \pm 0.49^\circ$). The
403 hydrophilicity of the surface is crucial to the adsorbing proteins. It has been suggest that plasma fibronectin
404 binds more to hydrophilic surfaces [20], whereas albumin binds more to hydrophobic surfaces [21]. However,
405 the protein adsorption to surface is not only relative to the hydrophilicity, in this study the surfaces all possess
406 hydrophilic surfaces, thus the “size effect” seem to dominate the protein adsorption. The MW surfaces (MWDD,
407 MWCP, MWCP9, and MWCP11) all possess nano-scale and micro-to-submicron scale roughness, which are
408 expected to provide more binding sites to adsorb proteins. As a result the Fn and BSA adsorptions were
409 significant higher in these groups when compared to the MAO group (Figure 7a and 7b). The protein adsorption
410 to surface is not only relative to the hydrophilicity but also to the crystal structure of titanium surfaces [21],
411 chemistry and physical properties, such as surface area and charge [22, 36].

412 Fibronectin is a large extracellular glycoprotein with molecular weight around 440kDa. Unfolded
413 fibronectin is 140 nm in length and 2 nm in diameter, and is more compact in near-physiological environment
414 [37, 38]. On the contrary, BSA is in ellipsoid shape with a much smaller size of $140 \times 40 \times 40 \text{ \AA}$ [39]. In the
415 present study, the MW groups all possess super hydrophilicity and similar roughness in micro-scale. The
416 adsorption of fibronectin are similar among MW groups, which seems to regard to its larger size. On the other
417 hand, it is noticeable that the MWCP11 group has a significantly higher BSA absorption than other groups
418 (Figure 7b), which implied that a 3D nano-sheet architecture feature on the MWCP11 may provide more nano-
419 scale (and sub-nano) heterogeneous binding sites to the BSA which has a smaller size than fibronectin. Albumin,
420 the most abundant protein in blood likely to bind to the implant and has been extensively studied [22, 36]. The
421 titanium oxide layer may has less attractive to the negatively charged (or have negatively charged groups) BSA
422 when compared to that of the histone (positively charged), however, it can still bind to nanostructured TiO_2
423 surface by a mechanical interlock mechanism [22]. The nano-featured surface is believed to regulate cell
424 behavior by adsorb proteins heterogeneously as functional ECM [5, 6], and stimulate the cell functions by
425 mechanotransduction signaling pathways [6]. The titanium oxide layers contained divalent ions (especially
426 calcium ion) are expected to binding more serum albumin and would improve to viability of MG63 cells [40].
427 The present results show that MW modified nano topography while maintaining Ca, and P ions in the MAO
428 substrate, would enhance more MG63 cells adherent on the surface. Moreover, the higher calcium contents
429 (only detected by EDS/TEM) on the nano-scale surface did not cause any cytotoxicity on the present groups.

430 Several studies addressed an aging effect of the wettability properties of titania nanotube surfaces
431 fabricated by anodization, where the surface became more hydrophobic when aged in air over a period of time
432 [41-43]. Using oxygen plasma treatment on nanostructured titanium oxide (TiO_2) surfaces [44], the study show
433 that osteoblast-like cell response could be enhanced by removed hydrocarbon contamination and removed
434 fluorine impurities, which were present due to the electrochemical anodization process, even there is no
435 differences in wettability between untreated and plasma treated surfaces. The paper suggested the
436 hydrocarbon contamination and impurities may influence the cell affinity, but the microwave-assisted
437 hydrothermal process was performed in DD or low concentration Ca/P solutions which are cleaned processes.
438 And the carbon content on the surface are detected as the same level. Moreover, the MAO process involved a
439 higher applied voltage, usually above 150V (280V in the present study), which was much higher than that of
440 nano-tube anodization of about 10 Volts and the hydrocarbon contamination would eliminated under plasma
441 condition. We will further studies on the surface potential, nano-roughness (AFM) and electron spectroscopy
442 for chemical analysis (ESCA) structure refining to clarify the detail nucleation mechanism of nano-scale
443 precipitates under microwave-assisted hydrothermal process with regard to their biological interaction.

444 The anatase formed on the MAO surface change their shape may alter the charge density, and thus
445 accumulate a higher electron density to the pyramid sharp edges, these negative charges on the anatase crystal
446 planes will promote the adhesion of osteoblasts [45]. Nano-to-submicron scale surface has been proved to
447 enhance osteoblast proliferation, differentiation [3, 42], and ultimately induced higher expression of osteoblast
448 phenotype genes [5]. However, a recently paper using hydrothermal method to create nano-scale feature on
449 MAO titanium surface fail to demonstrate biological affinity. They explain the nano-topology should more
450 important than the hydrophilicity of the coating [14]. However the chemical composition and crystallinity of

451 their nano-topology layer is unknown. In our study, the nano-pyramid and nano-rod anatase (MWDD and
452 MWCP) and 3D nano-sheet amorphous anatase (MWCP9 and MWCP11) were formed on the MAO surface
453 with super hydrophilicity and enhanced protein adsorption of the MAO surface. The higher BSA adsorption
454 rate on MWCP11 is due to the possible increasing sub-nano binding sites in the 3D nano-sheet architecture.
455 Although the environment around implant surface will become more complex in vivo, the present in-vitro study
456 demonstrates that the microwave process would be an effective method to produce a controlled nano-
457 topography without compromise the bonding strength. The MW modified nano feature surface can be expected
458 to adsorb more ECM in vivo and conduct the osteoblasts cell adherent, enhancing cell proliferation, and cell
459 differentiation thus facilitate osseointegration.

460 5. Conclusions

461 We introduce a simple route to produce nano-topography on the MAO titanium surface, which is super-
462 hydrophilic, high affinity for proteins can promote cell attachment and cell differentiation. The MW process
463 shorten the traditional HT processing time and the MAO surface has been modified in its nano-topography
464 without compromise the bonding strength. The MWDD featured with nano-pyramid anatase crystals and the
465 MWCP11 surface precipitates with 3D nano-sheet architecture amorphous anatase which present higher
466 biological affinity. The microwave irradiation process is a rapid, simple and controllable method that could be
467 a suitable process for producing nano-scale topographies on MAO titanium for implant applications.

468 **Supplementary Materials:** The following are available online at www.mdpi.com/link, Figure S1: The morphology of HT
469 sample before (a) and after (b) the sonicated clean in DD water for 30 minutes. The HA precipitates peered off and the MAO
470 layer was de-lamellar (red arrows) during the cleaning process, Table S1: Adherent cell number and spreading percentage
471 of MG63 cells on the samples after cultured for 4 hr.

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475 the experiments; D.J. Lin analyzed the data; J.H. Chern Lin and C.C. Chen contributed reagents/materials/analysis tools;
476 D.J. Lin and L.J. Fuh wrote the paper.

477 **Conflicts of Interest:** The authors declare no conflict of interest.

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Figure S1

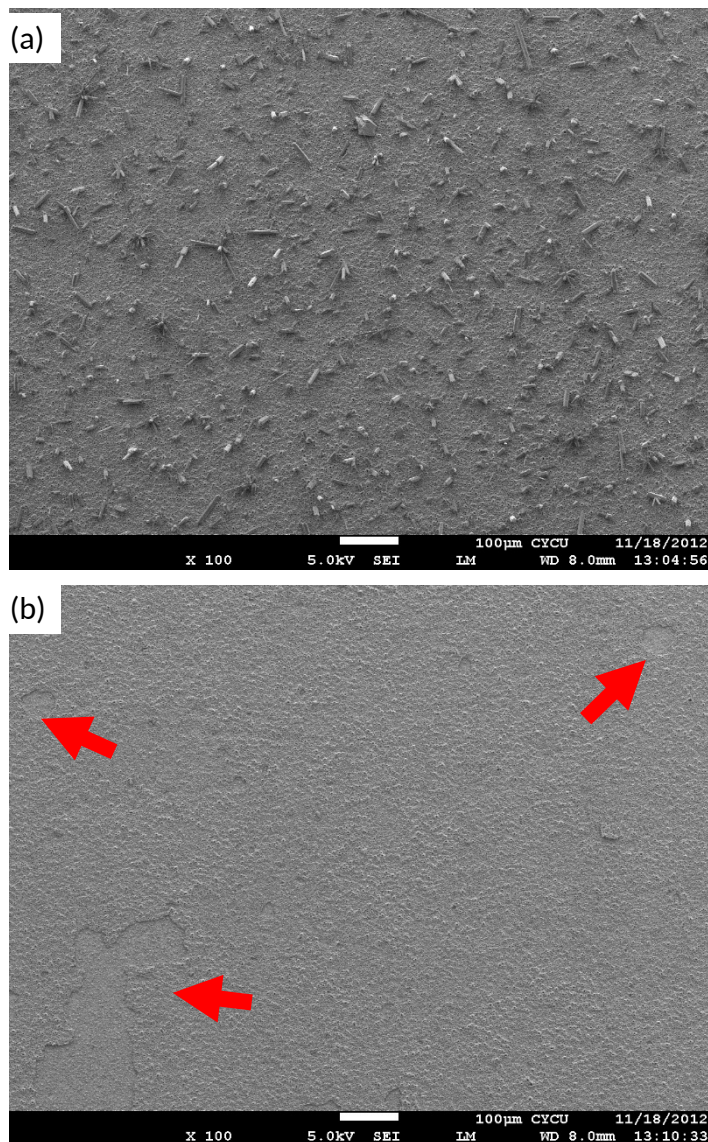


Figure S1

The morphology of HT sample before (a) and after (b) the sonicated clean in DD water for 30 minutes. The HA precipitates peered off and the MAO layer was de-lamellar (red arrows) during the cleaning process.

Table S1 Adherent cell number and spreading percentage of MG63 cells on the samples after cultured for 4 hr.

| Sample codes | Cell adherent and spreading | |
|--------------|-----------------------------|-------------------------|
| | Total cell number* | Percentage of spreading |
| MAO | 245.0 ± 74.7 | 48.4% |
| HT | 175.4 ± 44.2 | 41.5% |
| MWDD | 280.6 ± 84.1 | 75.7% |
| MWCP | 296.8 ± 84.8 | 69.9% |
| MWCP9 | 290.0 ± 33.6 | 69.4% |
| MWCP11 | 240.2 ± 18.2 | 72.5% |

*Total cell number in five 100X picture taken from different location on samples.